

# HOT LUNCH MENU - CHARCOAL FLAME

updated 9/29

October - November 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>October 2</b> Chicken Kabob with Pita, Tzatziki Sauce, Broccoli, Fruit	<b>3</b> Pasta with Meat Sauce Spinach Pie, Fruit	<b>4</b> Sack Lunch: Turkey Sandwich, Fruit, Carrots, Veggie Chips or Pretzels	<b>5</b> Hamburger with Fries Sliced cheese on side, Carrots, Fruit	<b>6</b> Gyros Pita, Tzatziki Sauce, Peas, Fruit
<b>9</b> <b>NO SCHOOL</b> <b>(Columbus Day)</b>	<b>10</b> Beef Tacos with Flour Tortilla Shredded Cheese, Sour Cream, Chopped Lettuce, Fruit	<b>11</b> Chicken Tenders, Plain pasta Parmesan on side, Ketchup, Broccoli, Fruit	<b>12</b> Jumbo All Beef Hotdog Greek Potatoes, Carrots, Fruit	<b>13</b> Gyros Pita, Tzatziki Sauce, Peas, Fruit
<b>16</b> Chicken Kabob with Pita Tzatziki Sauce, Broccoli, Fruit	<b>17</b> Pasta with Meat Sauce Spinach Pie, Fruit	<b>18</b> Chicken Tenders, Plain pasta Parmesan on side, Ketchup, Broccoli, Fruit	<b>19</b> Hamburger with Fries Sliced cheese on side, Carrots, Fruit	<b>20</b> Gyros Pita, Tzatziki Sauce, Peas, Fruit
<b>23</b> Chicken Kabob with Pita Tzatziki Sauce, Broccoli, Fruit	<b>24</b> Beef Tacos with Flour Tortilla Shredded Cheese, Sour Cream, Chopped Lettuce, Fruit	<b>25</b> Chicken Tenders, Plain pasta Parmesan on side, Ketchup, Broccoli, Fruit	<b>26</b> Jumbo All Beef Hotdog Greek Potatoes, Carrots, Fruit	<b>27</b> Gyros Pita, Tzatziki Sauce, Peas, Fruit
<b>30</b> Chicken Kabob with Pita Tzatziki Sauce, Broccoli, Fruit	<b>31</b> SPECIAL PTO HALLOWEEN LUNCH	<b>November 1</b> Chicken Tenders, Plain pasta Parmesan on side, Ketchup, Broccoli, Fruit	<b>2</b> Hamburger with Fries Sliced cheese on side, Carrots, Fruit	<b>3</b> Gyros Pita, Tzatziki Sauce, Peas, Fruit
<b>6</b> Chicken Kabob with Pita Tzatziki Sauce, Broccoli, Fruit	<b>7</b> Pasta with Meat Sauce Spinach Pie, Fruit	<b>8</b> Chicken Tenders, Plain pasta Parmesan on side, Ketchup, Broccoli, Fruit	<b>9</b> Jumbo All Beef Hotdog Greek Potatoes, Carrots, Fruit	<b>10</b> Gyros Pita, Tzatziki Sauce, Peas, Fruit

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Oct-Nov Menu Continued...

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>November 13</b> Chicken Kabob with Pita, Tzatziki Sauce, Broccoli, Fruit	<b>14</b> Beef Tacos with Flour Tortilla Shredded Cheese, Sour Cream, Chopped Lettuce, Fruit	<b>15</b> Chicken Tenders, Plain pasta Parmesan on side, Ketchup, Broccoli, Fruit	<b>16</b> Hamburger with Fries Sliced cheese on side, Carrots, Fruit	<b>17</b> EARLY DISMISSAL 12PM NO LUNCH SERVED
<b>November 20-25</b> NO SCHOOL (Thanksgiving Break)				
<b>27</b> Chicken Kabob with Pita Tzatziki Sauce, Broccoli, Fruit	<b>28</b> Pasta with Meat Sauce Spinach Pie, Fruit	<b>29</b> Chicken Tenders, Plain pasta Parmesan on side, Ketchup, Broccoli, Fruit	<b>30</b> Jumbo All Beef Hotdog Greek Potatoes, Carrots, Fruit	<b>December 1</b> Gyros Pita, Tzatziki Sauce, Peas, Fruit