

# **PLATO ACADEMY PRE-KINDERGARTEN NEWSLETTER NOVEMBER 3, 2017**

Every week brings new explorations. This week we welcome Luca to our class! We are happy to have you and your family in our class!

Happy Birthday to our November kiddos, Ourania and Billy!

On Thursday, Officer Mike visited our classroom to talk about how we can be safe wherever we go. The conversation went in all directions and was very informative! 😊

Halloween was so fun! Our costumes were awesome and so colorful! Thank you to all who brought fun treats and joined us for our parade and costume presentation! During the morning, we played a few games and carved our pumpkin into a jack-o-lantern along with explorations. There were three faces to choose from for our jack-o-lantern. Each student signed his/her name on the paper for which face she/he wanted to vote. The face with the most votes/signatures won! That face was carved into the pumpkin.

On Wednesday, we tried to make our jack-o-lantern into a volcano. We put baking soda into it and then added vinegar to make the bubbly and fizzing reaction. It didn't erupt like a volcano but it did bubble and fizz. We also tried it in a beaker and were able to see more of an eruption.

Also on Wednesday, we had mummy wrap fun! The pictures on Shutterfly tell it all! Just a fun time wrapping our classmates with toilet paper and busting out of it with our muscles. There was a lot of paper flying around!

During the last few weeks, Ms. Soraya has been working with all of the students in her Spanish classes to make an altar for Dia de los Muertos and the contest at the Des Plaines History Museum last Saturday. We won! For more information on the observation, check out the following link...  
<https://www.nationalgeographic.org/media/dia-de-los-muertos/>.

CONFERENCES! Please follow the link in Parent Notes to sign up for a conference so we can have a quiet time to discuss your child's progress.

Repeat... As the weather changes and the temperature falls, we want to remind you that we do go outdoors for recess every day and will continue according to our winter recess guidelines. Warm jackets and coats are required for successful recess times. We also need hats, and mittens (preferred) or gloves. You might as well start checking last year's snow boots and pants now. We will go outside as much as possible. Studies and research show that getting outside helps keep germs away. It's when we are stuck inside in warm environments that germs grow and spread. And speaking of warm... our classroom is the warmest in the school so the students will do best with short sleeves in class. Feel free to leave a hoodie or sweatshirt in the cubby. AND remember to check their extra clothes box to make sure the clothes are ready for cold weather.

## Reminders:

- Please check and update your child's extra clothes box at the bottom of the cubby. Each student should have two FULL (pants, shirt, underwear, socks) changes ready.
- Please send healthy PEANUT AND TREE NUT FREE foods for lunches and snacks. Please... no chips, cookies and candy. They do not provide the nutrition and energy needed for the day. Examples of some healthy snacks are: fruit (cut up in bite-sized pieces), veggies, pretzels, graham crackers, yogurt/gogurt/danimals, oatmeal or granola snack bites/bars as long as they do not (may) contain peanuts or tree nuts. Tree nuts are, but not limited to: cashews, pecans, pistachios, hazelnuts, walnuts, almonds. Those are the most used in snacks and other food products. Please help us protect all students! We share the lunchroom and other common areas with the other classes and there are students with severe allergies in the school. Please know that the staff follows the same protocol. **IF THE LABEL READS, MAY CONTAIN PEANUTS OR TREE NUTS, THEY CANNOT BE BROUGHT TO SCHOOL. PLEASE CHECK LABELS!**
- Food is not to be shared between students at school. Please continue conversations at home about this. It is very important for the safety of all students.
- If your child is signed up for school lunch, please make sure you send a separate snack for the afternoon.
- If your child will be in Aftercare for an hour or more, please provide extra snack so that they aren't getting too hungry.

Please, please, please... Make sure that your child has eaten breakfast before coming to school. It is important that they are energized for the morning. They exercise their bodies and brains before lunch at 11:20. That is a long time to go without nurturing our bodies. We do not have the accommodations for students to eat or finish breakfast in the classroom.

**\*\* Please limit toys from home to only one. Each student is responsible for their item. There is always a chance that an item gets lost or damaged.**

WISHLIST. The below items are wanted for future activities in the classroom:

[Cream of Tartar](#)

Please contact us with any questions or concerns. Texting is best since we can usually reply quicker. Please make sure you text and email both of us.

Thank you for allowing us to be a part of your child's life!

Ciao!

Noel and Soraya

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